

# Talking About PROS: Sharing Experience & Hope

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# Questions and Responses I

## Questions

- How has PROS been going?
  - Progress/Successes
  - Current Challenges/Fears
  - Coping Techniques
- Why is it important for you to be here (in this workshop)?

Some questions have been adapted from the following: Block, P. (2008). *Community*. San Francisco, CA: Berrett-Koehler Publishers, Inc

## Group Responses

- We have commonalities and yet must celebrate and utilize our specialties.
- It is positive to have time to plan
- Transition is hard/scary and confusing for staff and consumers.
- Anxiety and confusion lessens as the new culture emerges- culture drives outcomes.

# Questions and Responses II

## Questions

- What is the crossroads where you find yourself at this stage of your work with PROS?
- What do you want to create in your program that would make a difference?

## Group Responses

- PROS is a chance to think outside the box/fix wrongs of the existing mental health system
- We are concerned about whether all our good ideas are billable
- Maximize program participation with non-billable services
- Struggling with how to best utilize peer services

# Questions and Responses III

## Questions

- How much risk are you willing to take in your work in PROS?
- What have you done to contribute to the very thing you complain about or want to change?

## Group Responses

- Willing to risk discomfort/Discomfort is part of the process
- Understand that not all staff can handle the work in PROS. Willing to risk staff disappointment.
- Have to risk uncertainty

# Questions IV

## Questions

- What doubts or reservations do you have about your PROS program?
- What resentments do you hold that no one knows about?
- What forgiveness are you withholding?

## Group Responses

- These slides were not discussed due to time constraints for the workshop.

# Questions and Responses V

## Questions

- What can you do to improve your PROS program?
- What commitments are you willing to make?
- What is the benefit to others if you keep your commitment? What is the cost of failing to keep your commitment?

## Group Responses

- Doing more interesting things. More community outreach, more groups and visits in the community.
- Personally embrace vision and never lose it. Stay committed to hope as a sustaining force.
- Notice strengths and amplify.

# What Gifts Have you Received From Each Other Today?

*The Wisdom of the Group is Greater Than the Wisdom of the Individual*

- PROS Consumer Guide
- Hope
- Encouragement
- We are all the same
- Going on a journey together
- Normalization of burdens/not alone/how far we can go
- Get sense of what others are doing