

Making Connections: Engaging Participants in Required Assessments in PROS

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POSSIBILITIES PROGRAM**

PROS philosophy and Assessment

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- PROS Partners with participants to offer services designed to overcome barriers caused by their mental illness that have had an impact on achieving goals.
- Assessments are designed to gather greater understanding of participants strengths and barriers, and in doing so, helps them feel cared for and understood.
- Assessments should be person centered, engaging, and done collaboratively with staff and participant.

Required Assessments

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- **Psychiatric Evaluation**
- **Comprehensive Psychosocial Assessment**
- **Health Assessment**
- **Rehabilitation Readiness and Determination**
- **Substance Abuse (MSSI-SA)**
- **Vocational/ Educational**
- **Cultural Assessment**
- **Safety Plan**

Conducting Assessments

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- **Staffs initial Concerns**
 - Concurrent Documentation
 - Depth of assessments and clinical concerns
 - Cognitive Limitations
 - Learned Helplessness
 - Literacy Limitations
- **Addressing these Concerns**
 - Clinician training and Workshops
 - Assessments as Worksheets for participants
 - Group work on assessments (IRP Planning)

Connecting Assessments and Services

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- **Person Centered**
- **Partnering with Participants**
- **Identifying Strengths and Barriers that may not come about otherwise**
 - **New questions for many people**
 - **Clinical Considerations**
- **Developing a full picture of who this person is and what services you can provide for him/her to achieve success**

Connecting Assessments and Services

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- **Interpretive Summary brings together a clear picture of who our participant is.**
- **Assessments and Interpretive Summary inform the Individual Recovery Plan (IRP)**
- **IRP informs the services that will be provided**
 - **Clinical:** Informs individual Schedule and “agreement”
 - **Administrative:** Informs what services need to be added, increased, decreased, etc.

How it works

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- Participant receives a psychosocial assessment during intake and is admitted into the program.
- Participants stated reason for services is: “I want to stay out of the hospital.”
- Clinician completes all required assessments while engaging with participant and gaining clearer picture of person and needs.

How it works

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- **Assess cultural impact on illness and treatment**
- **Vocational history and current interest**
- **Educational history and current interest**
- **Rehab readiness and determination**
- **Substance use, abuse, dependence and treatment motivation**
- **Develop safety plan designed to assist participant in identifying ways that they can avoid hospitalization**

Application and Flow

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- **With this greater knowledge of who this person is, the participant and worker can set goals that go beyond “I want to stay out of the hospital.”**
- **Unpacking and developing life role goals**
- **Clinician has more info and can help participant think this through differently**
- **Reflect back to what had been identified in assessments**
- **Develop IRP and Service schedule accordingly**

How Clinical Treatment Fits in

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- Goal is the participants life role
- Objectives and Interventions help participant see steps needed to get to that life role.
- Objectives and Interventions include the clinical component of treatment
- Must stay out of hospital to achieve goal – staying out of the hospital is not the life role goal.
- Medication management and symptom monitoring find their place in this Rehab focused IRP
- Dual Disorder treatment included

Successful Transition to PROS

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- **Our program transitioned from CDT and IPRT to PROS**
- **Staff had different levels of understanding re: life roles and rehab and recovery**
- **Staff Training and Workshops!**
- **Now they are speaking the same language**
- **Participants are more focused**
- **New Participants are enrolled in an Engagement group where we discuss life roles and program services offered prior to IRP development**

Last thoughts

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- **Staff and participants report having more hope and more motivation.**
- **Participants have a new found excitement!**
- **They expect more of themselves and more out of life.**